

# TRAINING

*SPEAKING IN PUBLIC*



## EDUCATIONAL GOALS

Learn how to get the an audience's attention in order to deliver a structured and clear message through verbal and non-verbal communication

## TEACHING METHODS

Theory and methodology applied to practice through exercises, role plays and workshops.

## PROGRAM

Awareness of the fundamentals of communication through technique and personal development

- Stress and emotions management - self confidence and assertiveness
- Voice - breathing, diction, articulation
- Intentions - gestures, posture and language
- The hook & the message (main idea and vocabulary) - shaping & conclusion
- Get your audience's attention - interactions

## EVALUATION

A session of role-play exercises during which the participant has to recall the concepts that have been learned throughout the training.

## PEDAGOGICAL SUPPORT

Training evaluation will be assessed by specialized trainers.

## DOCUMENTS AND MATERIAL FOR TRAINEES

A training certificate together with an evaluation form listing the competences acquired throughout the training will be given to the trainee

## PRICES

OPCO funding

ON DEMAND

Self-financing

1 400 €

## DURATION

14 hours spread on 2 days

## PUBLIC

Anyone wishing to improve their ability to professionally speak in public

## PRE-REQUISITES

Have a A2 level in French

## STARTING DATE

Open all year long - please reach out to us for more details

## ENROLLMENT PROCEDURE

Contact our team

- on our contact page
- by email : [info@french-in-cannes.fr](mailto:info@french-in-cannes.fr)
- by phone +33 (0)4 93 47 39 29